



## *Narratives of People With Endometriosis Discussing Cannabis-use With Their General Practitioner*

### INFORMATION SHEET FOR PARTICIPANTS

Tēnā koe

You are invited to take part in this research. Please read this information before deciding whether or not to take part. If you decide to participate, thank you. If you decide not to participate, thank you for considering this request.

### **Ko wai ahau / Who am I?**

Kia ora

Ko Kōtirana te whakapaparanga mai, engari

Ko Rimutaka te maunga

Ko Te Awa Kairangi te awa

Ko Whakatiki te kāinga

Kei Pōneke au e noho ana

Ko Fordyce tōku whānau

Ko Bonnie tōku ingoa

My name is Bonnie Fordyce and I am a Masters student in Health Psychology at Te Herenga Waka—Victoria University of Wellington. This research project is work towards my research thesis.

### **He aha te whāinga mō tēnei rangahau / What is the aim of the project?**

This project aims to explore how people with endometriosis think and feel about discussions (or potential discussions) with their general practitioner on using cannabis to relieve endometriosis symptoms. Your participation will support this research by providing valuable insight into how healthcare discussions about cannabis are experienced.

This research has been approved by the Te Herenga Waka—Victoria University of Wellington Human Ethics Committee [#30920].

## **Ka pēhea tō āwhina mai / How can you help?**

You have been invited to participate because you are aged 18 years or older, have received a diagnosis of endometriosis by a medical doctor – either via clinical diagnosis or laparoscopy – and you have discussed (or wanted to discuss) cannabis-usage for endometriosis symptom-management with your general practitioner. If you agree to take part, we will meet for a 40-90 minute interview, either through Zoom, telephone or *in person* (*Wellington residents only*), depending on what works for you.

We can also meet up prior to the interview if you would like to, either through Zoom, telephone or *in person*, to have an informal chat about the study in more detail. This gives you a chance to get to know me better before the interview and ask any questions you want answered. However, this is entirely up to you and what you are most comfortable with.

If you agree to take part in the study, the interview will take place either via Zoom, telephone or in a private room at Kelburn campus, Victoria University of Wellington, depending on your preference. In the interview I will ask you to tell me about your personal story about disclosing (or wanting to disclose) to your general practitioner your use or desire to use cannabis for endometriosis symptoms relief. I will audio record in-person and telephone interviews with your permission and write it up later. I will record audio and video for Zoom interviews with your permission, however, I will only transcribe the audio. Once the audio of Zoom interviews is transcribed, the video component of the recording will be permanently deleted.

You are welcome to review the transcript and make comments on it up to 4 weeks from the interview. If there are any parts of the interview that you would like removed, I am able to do so.

You can choose to not answer any question or stop the interview at any time, without giving a reason, and you will still receive a \$20 supermarket eGift card as a token of appreciation. You can withdraw from the study by contacting me at any time until four weeks after the interview (\_\_\_/\_\_\_/\_\_\_). If you withdraw, the information you provided to the study will be destroyed or returned to you, depending on your preference.

## **Ka ahatia ngā kōrero ka tukuna mai / What will happen to the information you give?**

All the information that you provide is strictly confidential. This means that the primary researcher and the supervisors named below may be aware of your identity. However, the interview transcripts will be “de-identified” by having identifying information removed. This means that no identifiable information, such as names or specific locations or cities where experiences took place, will be revealed in any reports, presentations, or public documentation. You can choose a pseudonym to be included alongside any quotations from your interview in the published research if you would like.

Confidentiality will be preserved except where you disclose something that causes me to be concerned about a risk of harm to yourself and/or others. In the unlikely event that New Zealand

Police become interested in this research, I may be required to disclose the information you have provided to me.

Only my supervisors and I will read the notes or transcript of your interview. Deidentified information and identifiable information will be stored separately and under password-protection that can only be accessed by the primary researcher and her two supervisors. All de-identified information, such as interview transcripts, summaries or recordings will be kept securely and destroyed by 31 January 2029. Identifiable information will be kept securely and destroyed by 1 December 2023.

## **He aha ngā hua o te rangahau / What will the project produce?**

The information from my research will be used in my Master of Health Psychology thesis and may be used for academic publication, dissemination at academic or professional conferences, and/or for written or verbal summaries of key findings for community organisations who support people with endometriosis. As stated above, please note that no identifying information from your interview will be used to ensure that your confidentiality is not compromised in any way.

## **Ki te whakaae mai koe, he aha ō mōtika hei kaitautoko i tēnei rangahau / If you accept this invitation, what are your rights as a research participant?**

You do not have to accept this invitation if you don't want to. If you do decide to participate, you have the right to:

- choose not to answer any question;
- ask for the recorder to be turned off at any time during the interview;
- withdraw from the study until four weeks after interviewing (\_\_\_/\_\_\_/\_\_\_);
- ask any questions about the study at any time;
- receive a copy of your interview transcript;
- read over and comment on a written summary of your interview transcript;
- be able to read any reports of this research by emailing the researcher to request a copy.

## **Mehemea ngā pātai, he raruraru rānei, me whakapā ki a wai / If you have any questions or problems, who can you contact?**

If you have any questions, either now or in the future, please feel free to contact:

### **Student/Primary Researcher:**

Name: Bonnie Fordyce

Email: [bonnie.fordyce@vuw.ac.nz](mailto:bonnie.fordyce@vuw.ac.nz)

Phone: 021 089 17091

### **Primary Supervisor:**

Name: Dr Chloe Parton

Role: Lecturer in Health Psychology

School: Health

Email: [chloe.parton@vuw.ac.nz](mailto:chloe.parton@vuw.ac.nz)

### **Secondary Supervisor:**

Name: Dr Denise Blake

Role: Associate Professor of Psychological  
Practice

School: Health

Email: [denise.blake@vuw.ac.nz](mailto:denise.blake@vuw.ac.nz)

## **He kōrero whakamārama mō HEC / Human Ethics Committee information**

If you have any concerns about the ethical conduct of the research you may contact the Te Herenga Waka—Victoria University of Wellington HEC Convenor, Associate Professor Rhonda Shaw, by emailing [hec@vuw.ac.nz](mailto:hec@vuw.ac.nz).